

# Health & Care Information Model: nl.zorg.Sleepfunction-v3.0

Status:Final

Release:2016

Release status: Published

Managed by:

Better health  
through better IT

Nictiz 

# Content

<b>1. nl.zorg.Sleepfunction-v3.0</b>	<b>3</b>
1.1 Revision History	3
1.2 Concept	3
1.3 Mindmap	3
1.4 Purpose	3
1.5 Patient Population	4
1.6 Evidence Base	4
1.7 Information Model	4
1.8 Example Instances	6
1.9 Instructions	7
1.10 Interpretation	7
1.11 Care Process	7
1.12 Example of the Instrument	7
1.13 Constraints	7
1.14 Issues	7
1.15 References	7
1.16 Functional Model	7
1.17 Traceability to other Standards	7
1.18 Disclaimer	7
1.19 Terms of Use	8
1.20 Copyrights	8

# 1. nl.zorg.Sleepfunction-v3.0

DCM::CoderList	Werkgroep RadB Verpleegkundige Gegevens
DCM::ContactInformation.Address	*
DCM::ContactInformation.Name	*
DCM::ContactInformation.Telecom	*
DCM::ContentAuthorList	Werkgroep RadB Verpleegkundige Gegevens
DCM::CreationDate	4-4-2014
DCM::DescriptionLanguage	nl
DCM::EndorsingAuthority.Address	
DCM::EndorsingAuthority.Name	PM
DCM::EndorsingAuthority.Telecom	
DCM::Id	2.16.840.1.113883.2.4.3.11.60.40.3.4.21
DCM::KeywordList	Slapen, slaapfunctie
DCM::LifecycleStatus	Final
DCM::ModelerList	Werkgroep RadB Verpleegkundige Gegevens
DCM::Name	nl.zorg.Slaapfunctie
DCM::PublicationDate	1-5-2016
DCM::PublicationStatus	Published
DCM::ReviewerList	Projectgroep RadB Verpleegkundige Gegevens & Kerngroep Registratie aan de Bron
DCM::RevisionDate	8-9-2015
DCM::Superseeds	nl.nfu.Slaapfunctie-v1.0
DCM::Version	3.0
HCIM::PublicationLanguage	EN

## 1.1 Revision History

Publicatieversie 1.0 (01-07-2015)

Publicatieversie 3.0 (01-05-2016)

Bevat: ZIB-453

## 1.2 Concept

Sleep is the period of inactivity and absence of waking consciousness in which the body relaxes and has lowered physiological and psychological activity.

Varying causes can lead to sleeping problems and disorders in the various aspects of sleep, such as falling asleep, sleeping soundly and maintaining a day-time/night-time sleeping pattern.

Sleeping mainly involves problems and disorders.

## 1.3 Mindmap

## 1.4 Purpose

Chronic sleeping problems have a major impact on the patient and on their recovery. They are associated with chronic health problems, an increased risk of depression and anxiety disorder and a worse subjective health.

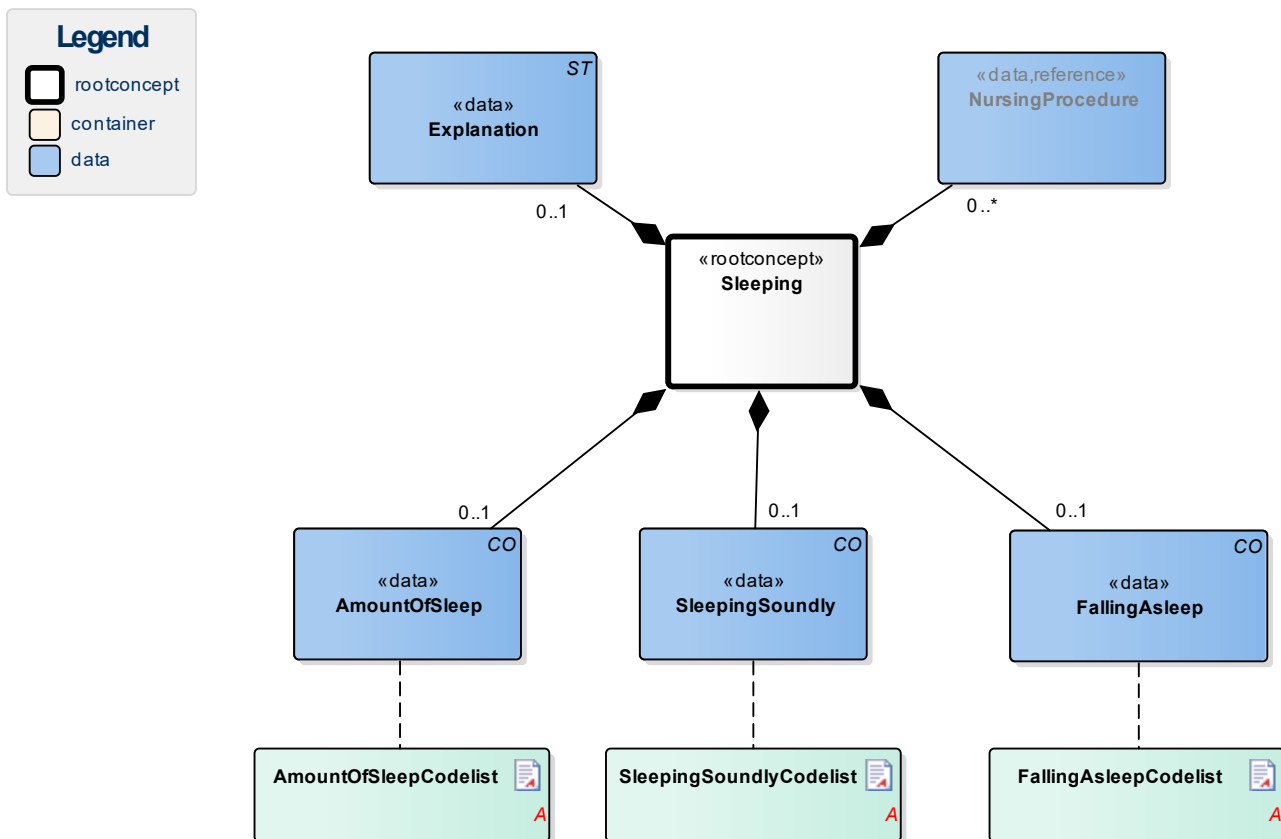
Sleeping disorders are documented to signal their presence to healthcare providers and to coordinate the healthcare to meet the requirements of the disorders.

## 1.5 Patient Population

## 1.6 Evidence Base

The definitions of the concepts were (partially) taken from the ICF definitions.

## 1.7 Information Model



«rootconcept»	Sleeping	
Definitie	Root concept of the Sleeping information model. This root concept contains all data elements of the Sleeping information model.	
Datatype		
DCM::ConceptId	NL-CM:4.21.1	
Opties		

«data»	FallingAsleep	
Definitie	FallingAsleep is the transition between being awake and asleep.	
Datatype	CO	
DCM::ConceptId	NL-CM:4.21.3	
DCM::DefinitionCode	ICF: b1341 Inslapen	
DCM::ExampleValue	Lichte stoornis	
DCM::ValueSet	FallingAsleepCodelist	OID: 2.16.840.1.113883.2.4.3.11.60.40.2.4.21.1
Opties		

«data»	SleepingSoundly	
Definitie	Sleeping soundly is continued sleep.	
Datatype	CO	
DCM::ConceptId	NL-CM:4.21.4	
DCM::DefinitionCode	ICF: b1342 Doorslapen	
DCM::ExampleValue	Geen stoornis	
DCM::ValueSet	SleepingSoundlyCodelist	OID: 2.16.840.1.113883.2.4.3.11.60.40.2.4.21.2
Opties		

«data»	AmountOfSleep	
Definitie	The amount of sleep is the time spent sleeping during the day-time/night-time cycle or the day.	
Datatype	CO	
DCM::ConceptId	NL-CM:4.21.5	
DCM::DefinitionCode	ICF: b1340 HoeveelheidSlaap	
DCM::ExampleValue	Geen stoornis	
DCM::ValueSet	AmountOfSleepCodelist	OID: 2.16.840.1.113883.2.4.3.11.60.40.2.4.21.3
Opties		

«data»	NursingProcedure	
Definitie	The nursing procedures needed to care for the patient with their sleeping problems and disorders.	
Datatype		
DCM::ConceptId	NL-CM:4.21.2	
DCM::ExampleValue	Voor de nacht warme melk geven.	
DCM::ReferencedConceptId	NL-CM:14.2.9	This is a reference to concept VerpleegkundigeActie in information model VerpleegkundigeInterventie.
Opties		

«data»	Explanation	
Definitie	An explanation of the sleeping function.	
Datatype	ST	
DCM::ConceptId	NL-CM:4.21.6	
DCM::DefinitionCode	LOINC: 48767-8 Annotation comment	
DCM::ExampleValue	Slaapt gemiddeld 6 uur per nacht.	
Opties		

«document»	FallingAsleepCodelist	
Definitie		
Datatype		
DCM::ValueSetId	2.16.840.1.113883.2.4.3.11.60.40.2.4.21.1	
Opties		

InslapenCodelijst

OID: 2.16.840.1.113883.2.4.3.11.60.40.2.4.21.1

Concept Name	Concept Code	CodeSys. Name	CodeSystem OID	Description
Geen stoornis	b1341.0	ICF	2.16.840.1.113883.6.254	Stoornis 0-4%
Lichte stoornis	b1341.1	ICF	2.16.840.1.113883.6.254	Stoornis 5-24%
Matige stoornis	b1341.2	ICF	2.16.840.1.113883.6.254	Stoornis 25-49%
Ernstige stoornis	b1341.3	ICF	2.16.840.1.113883.6.254	Stoornis 50-95%
Volledige stoornis	b1341.4	ICF	2.16.840.1.113883.6.254	Stoornis 96-100%

«document»		SleepingSoundlyCodelist		
Definitie				
Datatype				
DCM::ValueSetId	2.16.840.1.113883.2.4.3.11.60.40.2.4.21.2			
Opties				
DoorslapenCodelijst		OID: 2.16.840.1.113883.2.4.3.11.60.40.2.4.21.2		
Concept Name	Concept Code	CodeSys. Name	CodeSystem OID	Description
Geen stoornis	b1342.0	ICF	2.16.840.1.113883.6.254	Stoornis 0-4%
Lichte stoornis	b1342.1	ICF	2.16.840.1.113883.6.254	Stoornis 5-24%
Matige stoornis	b1342.2	ICF	2.16.840.1.113883.6.254	Stoornis 25-49%
Ernstige stoornis	b1342.3	ICF	2.16.840.1.113883.6.254	Stoornis 50-95%
Volledige stoornis	b1342.4	ICF	2.16.840.1.113883.6.254	Stoornis 96-100%

«document»		AmountOfSleepCodelist		
Definitie				
Datatype				
DCM::ValueSetId	2.16.840.1.113883.2.4.3.11.60.40.2.4.21.3			
Opties				
HoeveelheidSlaapCodelijst		OID: 2.16.840.1.113883.2.4.3.11.60.40.2.4.21.3		
Concept Name	Concept Code	CodeSys. Name	CodeSystem OID	Description
Geen stoornis	b1340.0	ICF	2.16.840.1.113883.6.254	Stoornis 0-4%
Lichte stoornis	b1340.1	ICF	2.16.840.1.113883.6.254	Stoornis 5-24%
Matige stoornis	b1340.2	ICF	2.16.840.1.113883.6.254	Stoornis 25-49%
Ernstige stoornis	b1340.3	ICF	2.16.840.1.113883.6.254	Stoornis 50-95%
Volledige stoornis	b1340.4	ICF	2.16.840.1.113883.6.254	Stoornis 96-100%

## 1.8 Example Instances

Slaapfunctie	
Inslapen	Lichte stoornis (5-24%)
Doorslapen	Geen stoornis (0-4%)
HoeveelheidSlaap	Lichte stoornis (5-24%)
VerpleegkundigeActie	
Activiteit	Voor de nacht warme melk geven.
Toelichting	Slaapt gemiddeld 6 uur per nacht.

## **1.9 Instructions**

## **1.10 Interpretation**

## **1.11 Care Process**

## **1.12 Example of the Instrument**

## **1.13 Constraints**

## **1.14 Issues**

## **1.15 References**

1. International Classification of Functioning Disability and Health (ICF) [Online] Beschikbaar op: <http://www.rivm.nl/who-fic/icf.htm> [Geraadpleegd: 13 februari 2015]

## **1.16 Functional Model**

## **1.17 Traceability to other Standards**

## **1.18 Disclaimer**

This Health and Care Information Model (a.k.a Clinical Building Block) has been made in collaboration with several different parties in healthcare. These parties asked Nictiz to manage good maintenance and development of the information models. Hereafter, these parties and Nictiz are referred to as the collaborating parties. The collaborating parties paid utmost attention to the reliability and topicality of the data in these Health and Care Information Models. Omissions and inaccuracies may however occur. The collaborating parties are not liable for any damages resulting from omissions or inaccuracies in the information provided, nor are they liable for damages resulting from problems caused by or inherent to distributing information on the internet, such as malfunctions, interruptions, errors or delays in information or services provide by the parties to you or by you to the parties via a website or via e-mail, or any other digital means. The collaborating parties will also not accept liability for any damages resulting from the use of data, advice or ideas provided by or on behalf of the parties by means of this Health and Care Information Model. The parties will not accept any liability for the content of information in this Health and Care Information Model to which or from which a hyperlink is referred. In the event of contradictions in mentioned Health and Care Information Model documents and files, the most recent and highest version of the listed order in the revisions will indicate the priority of the documents in question. If information included in the digital version of this Health and Care Information Model is also distributed in writing, the written version will be leading in case of textual differences. This will apply if both have the same version number and date. A definitive version has priority over a draft version. A revised version has priority over previous versions.

## **1.19 Terms of Use**

The user may use the information in this Health and Care Information Model without limitations. The copyright provisions in the paragraph concerned apply to copying, distributing and passing on information from this Health and Care Information Model.

## **1.20 Copyrights**

The user may copy, distribute and pass on the information in this Health and Care Information Model under the conditions that apply for Creative Commons license Attribution-NonCommercial-ShareAlike 3.0 Netherlands (CC BY-NC-SA-3.0). The content is available under Creative Commons Attribution-NonCommercial-ShareAlike 3.0 (see also <http://creativecommons.org/licenses/by-nc-sa/3.0/nl/>)